Does the research pose **less than minimal risk**, i.e., no known physical, emotional, psychological or economic risk?  

- Yes
  - Does your research involve a vulnerable population?  
    - Yes: Select the **exempt review category** on your IRB application
    - No: Go to the next step
  - No: Go to the next step

Does the research pose **minimal risk typically encountered in daily life** such as moderate exercise, minor stress from testing or surveys?  

- Yes
  - Does your research involve a vulnerable population?  
    - Yes: Select the **expedited review category** on your IRB application
    - No: Go to the next step
  - No: Go to the next step

Does the research pose **greater than minimal risk** typically encountered in daily life such as maximal exercise, stressful psychological tests, questions about illegal activities?  

- Yes
  - Does your research involve a vulnerable population?  
    - Yes: Select the **full board review category** on your IRB application
    - No: Go to the next step
  - No: Go to the next step

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1. Minimal risk means that the probability and magnitude of harm or discomfort anticipated in the research are not greater in and of themselves than those ordinarily encountered in daily life or during the performance of routine physical or psychological examinations or tests Code 45 CFR 46.102 (i)

2. Vulnerable subjects include, children, the elderly, prisoners, pregnant women, students, handicapped or mentally disabled persons, among other populations.