Yes Means Yes

Stop Sexual Violence.

Know your rights, set boundaries, practice active consent, be an empowered bystander.
Yes means yes. Learn what sexual assault is.
Know your rights, set boundaries, practice active consent, be an empowered bystander.

To learn more about FGCU’s sexual violence resources, policies, procedures, please visit www.fgcu.edu/arise

Brought to you by ARISE — Assault and Rape Information, Support, and Education. This group is comprised of staff from CAPS, the Dean of Students office, Student Affairs, Housing and Residence Life, Prevention & Wellness, Student Health Services, and the University Police Department.

SEXUAL ASSAULT AWARENESS
KNOW IT, LIVE IT
What Is Considered Sexual Assault?

Florida law refers to sexual assault as sexual battery, which is defined by Florida Statute 794.011 as “any oral, anal or vaginal penetration by, or union with, the sexual organ of another or the anal or vaginal penetration of another by any other object” without consent. --F.S.S. 794.011

Sexual assault affects people of all races, genders, classes, and creeds. Sexual assault is typically more about exerting power over someone than satisfying sexual desire.

1 in 4 college women experience sexual assault.

So do 1 in 12 college men.
I’d like to talk about this first.

What's your favorite safe word?

Yes! I'm totally into that.

Does this feel good?

I like my ears kissed but not my neck.

What positions do you like?

I liked that last time; right now I'm not in the mood.

I think it's hot when...

Do you like it when I...

Do you have any trigger points?

What turns you on?

I don't like that, but I can do....

No. I don't want to.

If you're into it, I could....

May I... kiss you?

Do you like this?

If I change my mind, we'll stop.

Know the difference between consent and assault.

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ASK FIRST

CONSENT IS HOT, ASSAULT IS NOT

Yes means yes.
Why Consent Matters

The absence of a no is not a yes.

Communication, respect, and honesty make sex and relationships better.

Asking for and obtaining consent shows that you have respect for both yourself and your partner.

Positive views on sex and sexuality are empowering.

It eliminates the entitlement that one partner feels over the other. Neither your body nor your sexuality belongs to someone else.

It is normal and healthy for both partners to expect to be included in the consent process.
Often the person being harmed feels alone, embarrassed, and scared. You can intervene by speaking up and saying something appropriate to the situation.

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STAND UP!
DON'T STAND BY
Yes means yes.
Stand Up!
Don’t Stand By

If you see an interaction that seems suspicious, speak up and say something. This is called bystander intervention. Ask the perceived victim if everything is okay or if they need your help.

Do your part in changing rape culture. When you hear someone use terms like “rape road” or “rape cord”, confront them and let them know why the language they are using is irresponsible.

Always ask your partner about his or her boundaries before engaging in sexual activity. Remember that it is okay to say no at any point during your encounter.
How To Help A Friend

If your friend has experienced sexual assault, here are tips on how to help

Remain calm.
Your friend may experience more trauma if you express your shock or rage.

Give the victim control.
Let them decide what steps to take next.

Let them express their feelings.
Don’t add your own opinions.

Believe your friend.
Make it clear that the assault was not their fault.
Resources

**On-Campus**

UPD (University Police Department)
(239) 590-1911 or [www.fgcu.edu/upd](http://www.fgcu.edu/upd)

ARISE (Assault & Rape Information, Support, & Education)
[www.fgcu.edu/ARISE](http://www.fgcu.edu/ARISE)

CAPS (Counseling & Psychological Services)
(239) 590-7950 or [www.fgcu.edu/CAPS](http://www.fgcu.edu/CAPS)

**Off-Campus**

ACT (Abuse, Counseling, & Treatment)
[www.actabuse.com](http://www.actabuse.com)

Project Help
[www.projecthelppnaples.org/](http://www.projecthelppnaples.org/)
Florida Gulf Coast University

YES MEANS YES

Stop sexual violence. Know your rights, set boundaries, practice active consent, be an empowered bystander.

To learn more about FGCU's sexual violence resources, policies, procedures, and how to help a survivor, please visit www.fgcu.edu/arise.

We would like to introduce you to a new group on campus, ARISE – Assault and Rape Information, Support, and Education. This group, comprised of staff from CAPS, the Dean of Students Office, Student Affairs, Housing and Residence Life, Prevention & Wellness, Student Health Services, and the University Police Department, was charged with finding ways to address the need to get accurate and concise information to students regarding prevention and intervention in sexual assault.
This Awesome Info
Brought To You By

Prevention &
Wellness

Located on the first floor of Howard Hall