FRATERNITY & SORORITY ENDORSEMENTS:
WHAT FGCU GREEKS ARE SAYING ABOUT
“It was very refreshing that our presentation was given by a former Greek member, who didn't try to abolish drinking altogether, but instead informed and asked us to make smarter decisions. We were asked questions that didn't beat around the bush and we were forced to really re-think how we consume alcohol in social settings. Kelly Rubin was very relatable with her own arsenal of stories from college and how we can learn to prevent major mistakes from happening.”

*Brent Ely, Sigma Chi Risk Manager 2011-2012*
“Working with Prevention & Wellness allowed a wealth of opportunity for SigEp on multiple levels. First, they provided easy access to information pertinent to the health and well-being of young men in college. Their presentation on men’s mental health for our Epsilon program was both interesting and useful to everyone that attended. Likewise, their help to coordinate a speaker on nutrition for our Fraternal Phitness program enabled SigEp to provide diverse, relevant and beneficial programming to students, which is a value of our organization. It is easy for me to say that without the help of Prevention and Wellness, these programs would not have been as meaningful, or even possible. I would recommend Prevention and Wellness as a resource to any FGCU student seeking information or planning a program revolved around wellness.”

Sean Terwilliger, Sigma Phi Epsilon member since 2007, Student Body President 2008-2009
“In a time where risk management has become a forefront issue for FGCU Greek organizations, Kelly Rubin’s “Party Smart for Greeks” presentation was exactly what the chapter needed. Kelly’s realistic approach to the topic and sense of humor quickly connected with the chapter, and brothers were very receptive as she provided simple ways to protect against the risks associated with alcohol consumption. She really went above and beyond even personalizing her presentation to Sigma Phi Epsilon promoting “Finding Balance in Brotherhood.” The presentation was very interactive and Kelly’s enthusiasm made brothers genuinely enjoy the time she spent with our chapter. I could not have been more impressed by Kelly Rubin and I would absolutely recommend this presentation to any other Greek organizations looking for an alcohol education experience that is far from mundane.”

*Brad Sifrig, Sigma Phi Epsilon President 2012*
“I have had the opportunity to know Priya for the past three years. In this time she has been a great friend, role model and mentor. She has always been willing to listen and give advice that was not only helpful to me on an individual level but also beneficial for my chapter. She is a great resource for programs of all sorts and is never at a loss on how to make alcohol education workshops fun and interactive. Priya has made a strong effort to get to know my chapter and my brothers and I know if given the opportunity she'd do the same for you. Above all else, she is a phenomenal person and a friend of the Greek community. Utilize her!”

Justin Carter, Sigma Phi Epsilon President 2011, member since 2008, Student Government Vice-President 2011-2012
“Our Kappa Delta chapter holds various chapter choice programs every semester. We thought this would be a great opportunity to utilize resources on campus, such as Prevention and Wellness, to fulfill these requirements. Kelly Rubin provided an Alcohol Awareness workshop, where she used real life examples and hands-on activities to engage the ladies of our chapter. KD had a discussion about the various dangers of alcohol, the correct size of a drink and how to help our sisters be safe when out. Prevention and Wellness has many other program opportunities and Kappa Delta will definitely use them every semester for our chapter choice requirements.”

Kristina Severine, Kappa Delta President 2011
“Kappa Delta is a sorority based on confidence in women. Ashlyn Gibb’s “This is Why I’m Hot” presentation did an excellent job relaying this message to our members. She was engaging and shared personal experiences all while keeping everyone on their feet and intrigued in the message. I can speak for everyone when I say leaving the presentation, I felt uplifted. Kappa Delta will definitely reach out to Prevention and Wellness again in the future for other presentations.”

Shelby McClain, Kappa Delta Vice President Operations 2012
“Prevention and Wellness was a great help with finding the necessary wellness speakers for our first Fat Talk Free Week. They were able to point us in the right direction and helped us find exactly what we were looking for. Priya Thomas was quick with responses, easy to work with and helped in any way she could.”

Jennifer Joyce, Fat-Talk Free Week Chair 2009-2011, Delta Delta Delta member
“Kelly Rubin’s “Party Smart for Greeks” exceeded my expectations. It was a realistic presentation that covered making smart and safe decisions when drinking alcohol. Her alcohol pouring demonstration, using members of our chapter, and a conversational-style lecture, made it a very enjoyable presentation. Overall, it is a great program that I will recommend to other organizations!”

Shauna Holdridge, Delta Delta Delta Delta President 2012
If you or someone from your fraternity or sorority has requested a program from Prevention & Wellness and would like to share an endorsement to be included here, please email it to Priya Thomas, pthomas@fgcu.edu. If you would like to make a program request, please visit our website.

What to include: The names of any P&W staff you enjoyed working with to coordinate your program, program title, name of the presenter, specific things about the program your group enjoyed and/or your overall experience working with Prevention & Wellness. Please include your full name, title and year(s) you held the position.