

# *Resources on Learning Styles*

## **Overview of Learning Styles**

by ITT Technical Institute

<http://www.learning-styles-online.com/overview/>

Many people recognize that each person prefers different learning styles and techniques. Learning styles group common ways that people learn. Everyone has a mix of learning styles. Some people may find that they have a dominant style of learning, with far less use of the other styles. Others may find that they use different styles in different circumstances.

The seven learning styles outlined on this website are:

- **Visual (spatial):** You prefer using pictures, images, and spatial understanding.
- **Aural (auditory-musical):** You prefer using sound and music.
- **Verbal (linguistic):** You prefer using words, both in speech and writing.
- **Physical (kinesthetic):** You prefer using your body, hands and sense of touch.
- **Logical (mathematical):** You prefer using logic, reasoning and systems.
- **Social (interpersonal):** You prefer to learn in groups or with other people.
- **Solitary (intrapersonal):** You prefer to work alone and use self-study.

## **Multiple Intelligences**

by Howard Gardner

<http://www.tecweb.org/styles/gardner.html>

Howard Gardner of Harvard has identified seven distinct intelligences. The broad spectrum of students - and perhaps the society as a whole - would be better served if disciplines could be presented in a numbers of ways and learning could be assessed through a variety of means."

The learning styles are: Visual-Spatial, Bodily-kinesthetic, Musical, Interpersonal, Intrapersonal, Linguistic, and Logical-Mathematical.

## **Mastering the Preceptor Role: Challenges of Clinical Teaching**

*Journal of Pediatric Healthcare*

By Catherine Burns, PhD, RN, CPNP, FAAN,  
Michelle Beauchesne, DNSc, RN, CPNP,  
Patricia Ryan-Krause, MS, MSN, RN, PNP,  
Kathleen Sawin, DNS, CPNP, FAAN

[http://www.medscape.com/viewarticle/532189\\_5](http://www.medscape.com/viewarticle/532189_5)