**Career Exploration Process**

**INFORMATION ABOUT YOU**
- Skills
- Interest
- Personality
- Values
- Needs
- Ambitions

**INFORMATION ABOUT CAREERS**
- Nature of the Work
- Nature of the Industry
- Educational Requirements
- Employment Information (Availability and location of jobs)
- Compensation

**GENERATE AND EVALUATE OPTIONS**
- Will I like this job?
- Can I do this job?
- How well will this job meet my needs?

**DECISION MAKING**
- Narrow down your options and investigate further
- Make a choice
- Monitor and re-evaluate

If you are having trouble generating options or making a decision, or just feel confused/overwhelmed by the process, meet with a counselor from Counseling & Psychological Services. Call 590-7950.

If you have questions about the careers that interest you or would like help gathering more information about them, meet with an advisor from Career Development Services. Call 590-7946.

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